

I am asking you to participate in a research study titled “Compassion Fatigue and Burnout in Primary Care”. I will describe this study to you and answer any of your questions. This study is being led by Sophia Gardner, Warren High School.

What the study is about

The purpose of this research is to measure the prevalence of compassion fatigue, and therefore, burnout among primary care providers, along with variables that increase or decrease the susceptibility of these phenomena.

What I will ask you to do

I will ask you to complete three documents in survey format to the best of your ability: Professional Quality of Life Scale Questionnaire, Demographic Questionnaire, and Open-Ended Questions. The Professional Quality of Life Questionnaire is a Likert-type scale that has thirty questions intended to rate a person’s risk for compassion fatigue and burnout based on the scores gathered from each question. The Demographic Questionnaire has been revised to ask questions that can determine correlations between the data gathered from the Professional Quality of Life Questionnaire and demographic data. These two questionnaires are how quantitative data will be collected. The Open-Ended Questionnaire is made up of eight questions, and is intended to gather data that isn’t quantifiable and will add perspective to the overall data. Answering the questions will take approximately 10-15 minutes to complete with 48 questions overall.

Risks and discomforts

I do not anticipate any risks from participating in this research. However, the questions will ask you to gauge your own emotions and ask for your demographic information. If at any time you don’t feel comfortable answering a question, you can skip it.

Benefits

I hope to learn more about compassion fatigue and burnout in primary care and the variables that make these phenomena more or less prevalent in certain people. Information from this study may benefit other people now or in the future who share a similar interest in conducting similar studies. If you’re interested in the results of this study, they will be published on a website linked below. I hope the information gathered will benefit the people involved in this study as well.

Privacy/Confidentiality/Data Security

This study is anonymous and no identifiable information will be collected or shared.

Taking part is voluntary

Involvement is voluntary; you may refuse to participate before the study begins, discontinue at any time, or skip any questions that may make you feel uncomfortable.

The scale used in this study is accredited to the Center for Victims and Torture. A link for the scale is provided: www.ProQOL.org
Website where the results will be posted after the study is completed in May: <https://sophiagardner740.wixsite.com/compassion-fatigue-a>